

Balance Sampler kit Instructions

Natural Nail Prep:

1. Spray *NSI Sanitize* on clients hands, your hands and working area.
2. Remove polish with *NSI Acetone*.
3. Push back cuticles with a Cuticle Pusher.
4. Gently remove all the shine from natural nail surface with vertical strokes from cuticle to free edge, using a *NSI Black Cushion 180 Grit File*.
5. Remove dust filings with the *NSI Plush Brush*.
6. Apply *Nailpure* liberally to the natural nail plate and let dry to a chalky white.
7. If desired, apply *NSI Elation Nail Tip* of your choice with *NSI Polybond Adhesive*. Fit tip snugly onto natural free edge. Blend tip seam flush with natural nail, using the *NSI Black Cushion File*. Shorten and file to desired shape.
8. Apply *Balance Bond* once to natural nail surface and *NSI tip* (if using) sparingly and wait for one minute. Will not dry to a chalky white.

Balance Basic One-Step Gel Application:

9. Using the *Shorti Gel Brush* with polish-style strokes, apply a very thin coat of *Balance Basic Blush* to the natural nail plate and tip (if using). Keeping the brush flat and parallel to the natural nail, place gel in the center of nail plate just under the cuticle. Lightly pull gel out and over the end of natural free edge or tip (if using), leaving a small margin around cuticle and sidewall areas of nail. Remove gel touching skin around cuticle by using a sanitary implement. Gel will self-level.
10. Place in UV light and cure for a full cycle of 90 seconds. Cure each layer of gel completely, before applying the next.
11. Apply a second coat of gel to nails. This layer of gel could be applied slightly thicker if desired and arches can be added to reinforce the stress area by drizzling additional gel onto the stress zone. Cure 90 seconds.
12. Optional: If needed, apply a third application of gel for added strength and durability. Cure 90 seconds.
13. Remove the tacky gel dispersion layer by lightly saturating an *NSI Nail Wipe* with *NSI Cleanse*. Place nail wipe at the cuticle and wipe down from cuticle area to free-edge of nail. Use a new section of the nail wipe on each nail to avoid depositing gel residue onto the next finger.
14. File and buff nails as desired. Brush away filings with the *NSI Plush Brush*. Wipe with *NSI Cleanse*.
15. For a permanent shine, apply one coat of *Balance Finish Clear gel* using polish style strokes making sure to cap the free edge to seal. Cure for 90 seconds. Remove tacky gel dispersion with *NSI Nail Wipe* lightly saturated with *NSI Cleanse*. Do not file or buff.
16. Apply *NSI Nurture Oil* to rehydrate cuticle area.